1) Go to: http://www.myldr.com

2) Enter Username and Password. At any time after logging in, you can click on “System Demonstration” at the top of the screen to watch a video produced by Landauer to learn about Individual Dose Report in more detail than explained here.

Username: IUDose2

Password: IUDoseCheck1 (case-sensitive)

3) Enter Account Number and Serial Number as described on screen. Then click “Submit.”
The screen is then populated by a brief overview of your occupational radiation dose history.

<table>
<thead>
<tr>
<th>Dose Period</th>
<th>Total DDE</th>
<th>Total LDE</th>
<th>Total SDE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q42012</td>
<td>6</td>
<td>150</td>
<td>150</td>
</tr>
<tr>
<td>2012</td>
<td>145</td>
<td>496</td>
<td>492</td>
</tr>
<tr>
<td>2011**</td>
<td>550</td>
<td>2660</td>
<td>2780</td>
</tr>
<tr>
<td>Lifetime</td>
<td>695</td>
<td>3606</td>
<td>3722</td>
</tr>
</tbody>
</table>

By clicking “View Details,” you can view a more detailed dose report.

You can export either of your Individual Dose Reports to Excel, PDF, and XML by selecting your desired format and clicking “Export.”

Note: To protect your privacy, no personal information is displayed.

Radiation Safety - Indianapolis
541 Clinical Drive
Room 159
Indianapolis, IN 46202
CL 159
317-274-4797